

MT Times

October 2018

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Contact Us:

Email:

glr.amtas@gmail.com

Website:

glramtas.weebly.com

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Music Therapy Times

Your monthly newsletter from GLR-AMTAS!

Welcome to the brand new newsletter for GLR-AMTAS! Your 2018-2019 Executive Board is excited share music therapy news and highlights with you each month!



Thank you so much to everyone who supported our recent online fundraiser! With your help, we were able to raise over \$800 dollars to help serve the students within the Great Lakes Region!

Message from the President:

Greetings, everyone! This month, my challenge for you all is to go read a research article of your choosing! :) Choose a topic or population that interests you, and read away! (Trust me, it's a lot more fun to read an article of your choosing than one your professor is making you read...)

While you read, think about how this research impacts where you are in your music therapy journey as a student today. And while you are at it, go ahead and think about how it will impact you when you are a professional.

If you are attending the 2018 AMTA National Conference in Dallas, TX, make plans to attend the National Passages event put on by your AMTAS Exec Board, along with the two AMTAS Business Meetings.

All Things HIPAA

By: Emily Perry, Treasurer

What is HIPAA?

HIPAA stands for *Health Insurance Portability and Accountability Act*. HIPAA was passed in 1996. Title I protected workers' insurance. Title II provided for *Administrative Simplification* and is what inspired the Privacy & Security rules. Title III set up medical savings accounts. Title IV governed Group Health plans. Title V introduced various employer tax deductions.

However, HIPAA was only complete at a high level and needed additional rule making from Federal agencies like Health & Human Services (HHS) to address implementation matters like privacy, security, and breach notification. There was no mechanism to deal with privacy until 2000 when the Privacy Rule was adopted. In 2003 the transactions and code sets and security rule were put in place. In order to make sure HIPAA was being followed and implemented correctly the Enforcement rule was added in 2005. As Music Therapists and Music Therapy Students, here are some Do's and Don'ts to make sure that we protect our clients by following and implementing HIPAA.

DO	DO NOT
<p>Do encrypt all of your client information. This can be done for individual files or a whole computer. This is a "safe harbor" under HIPAA that can protect you & your client in the event of a HIPAA breach. https://www.hhs.gov/hipaa/for-professionals/breach-notification/guidance/index.html</p>	<p>Do not assume that HIPAA only relates to your client's name. There are actually 18 identifiers listed in HIPAA. https://www.atlanta.va.gov/Docs/HIPAA_Identifier.pdf</p>
<p>Do have an individual password and username for your accounts. Do not share this password or username with anyone.</p>	<p>Do not store anything in an unprotected Cloud Service, such as Google Drive, Word Online, or your personal iCloud.</p>
<p>Do make sure that you or your practice has a Notice of Privacy Practices. https://www.hhs.gov/sites/default/files/ocr/privacy/hipaa/npp_fullpage_hc_provider.pdf</p>	<p>Do not use HIPAA to block client access to their information (e.g., session plans, Treatment plan, progress notes). https://www.hhs.gov/hipaa/for-individuals/guidance-materials-for-consumers/index.html</p>
<p>Do apply for a National Provider Identifier. http://www.musictherapy.org/assets/1/18/NPI_7-11.pdf</p>	<p>Do not be afraid to share client protected health information for legitimate treatment, payment, and business operations. https://library.ahima.org/PdfView?oid=30004</p>